

All Camps feature:



Offensive Skills

- Ball Handling
- Shooting
- Basic Offensive Sets



Defensive Skills

- Rebounding
- Man To Man Principles

**Shot Analysis
and
Skills Assessments**



Contests

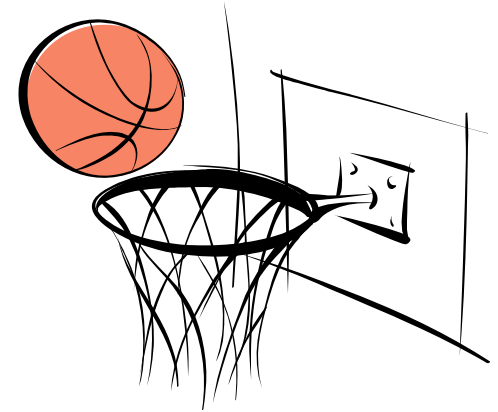


Prizes



**Lady Vikings Basketball
Northwest High School
2710 N. North Rd.
Grand Island, NE 68803**

LADY VIKINGS BASKETBALL CAMP



**SUMMER
2009**



The Lady Vikings would like to invite you to our annual basketball camp

Our high school camp will run from

Monday, June 8

thru

Thursday, June 11

Times:

Session I

will be for girls entering
Grades 3,4,5
8:00-9:15 a.m.

Session II

will be for girls entering
Grades 6,7,8
9:30 a.m.-10:45 a.m.

Session III

will be for girls entering
Grades 9,10,11,12
11:00 a.m.-1:30 p.m.

Come and Be a Part of Our Team
We'll see you in June!

TEAM 2008/2009

- *State Ranked (8th) in Class B Top 10
- *12 Wins
- *Improved Offense/Defense
- *Have Fun, Be in Great Shape

LADY VIKINGS CAMP
REGISTRATION FORM

Fill out and return this portion with your \$30 camp fee to:

Lady Vikings Basketball
Northwest High School
2710 N. North Rd.
Grand Island, NE 68803

Please make checks payable to:
Northwest High School

Name: _____

Age: _____

Grade (Fall '09): _____

School _____

Address: _____

Phone: _____

T-Shirt Size: Youth: S M L

Adult: S M L XL

Check _____ Cash _____

LIABILITY RELEASE

I release Northwest High School and camp staff from any liability related to this camp and guarantee the above-named child is covered by insurance.

Signature: _____

What do I bring?

Shorts, T-shirt,
and Athletic Shoes

What is the cost?

\$30

Make checks payable to:
Northwest High School

**When is my
Registration due?**

MAY 31st

REGISTER NOW!!!

Coaches

Troy Glock NWHS 385-6394
Cell Phone 383-4721
Bill Brown NWHS 385-6394