

Step #2: Progress in Reaching LSWP Goals Template

(make a copy for your own use)

| Goal As defined by your LSWP | Was the Goal Met? Yes/ Partially/ No | What Was Achieved? Describe how you achieved this goal | Documentation Share documents (as links or attachments) used to measure LSWP implementation |
|---|--|--|--|
| <p><i>USDA wellness policy goals outline that 3 goals must be included, 1) nutrition goal, 2) physical activity goal, and 3) other student wellness goal, additional goals are <u>optional</u></i></p> | | | |
| <p>1. Nutrition Education Goal(s)- record goal -OR- Nutrition Promotion Goal(s)- record goal District will promote healthy food & beverage choices for all students</p> | Yes | Posters and other materials posted in cafeteria areas promoting healthy food & beverage choices | Copy of Poster |
| <p>2. Physical Activity Goal(s)- record goal Students will be encouraged to engage in physical activity throughout the day & be provided with opportunities to do so.</p> | Yes | Physical Education classes are required throughout the school district along with recess time throughout the day for elementary and during lunch hour for middle school. | Copy of 1R School Schedule |
| <p>3. Other student wellness Goal(s) - record goal, this is often where goals to support SEL and Mental</p> | Yes | We have received recognition from the Governor for our participation level in the EHA Wellness program and continue to get grant funding to continue promoting | Picture of Governors Wellness Award |

Nebraska Department of Education, Office of Coordinated Student Support Services

Adapted from the Let's Eat Healthy Program resources

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|--|---|---|--|
| <i>health or staff wellness could be included</i> Promote Staff participation in EHA Wellness | | wellness activities for all staff. | |
| Additional Goal(s) Add more rows as needed | | | |

[To return to the overview document, click this link](#), Questions, contact: jessie.coffey@nebraska.gov